

MOHEGAN



STRIDERS

RACING TEAM - 2023 THE WHOLE STORY

ROAD GRAND PRIX

8 Races, 7 Teams

<http://www.usatf-ct.org/index.php/racing/road-grand-prix/results/>

SEASON OVERALL

2ND PLACE

CROSS COUNTRY SERIES

2 Races, 3 Teams

<http://www.usatf-ct.org/index.php/xc/>

1ST PLACE

MOUNTAIN, TRAIL & ULTRA SERIES

4 Races, 3 Teams

<http://www.usatf-ct.org/index.php/ultra/>

3RD PLACE

STRIDER RACING TEAM RESULTS 2023

ROAD GRAND PRIX

Road Grand Prix Rules

Divisions are separate Male and Female: Open 16+; Masters 40+; Grandmasters 50+ and Seniors 60+.

Age is as of race day.

Open Men's and Women's Teams score their first 5 team members to finish. All other divisions score their first 3 members to finish. There are no declarations or limits to the number of team members.

Older runners may score for younger teams as well as their own team.

Scoring for each race is by net (chip) time, in whole seconds rounded up. Points awarded for each race are: 11, 9, 8, 7, 6, 5, 4, 3, 2, 1 to determine year-end standings.

Road Grand Prix Races

Sunday, March 5, 2023 - 99.1 PLR Cross Point Federal Credit Union 5k New Haven

Sunday, April 2, 2023 - Middletown 10K

Saturday, May 20, 2023 - Manchester Running Club Spring Street Mile

Sunday, June 4, 2023 - MJP Wealth Advisors Fairfield Half Marathon

Sunday, June 18, 2023 - Branford Road Race 5 Mile

Sunday, August 20, 2023 - Mohegan Striders Sneeker's Cafe Groton 4 Mile

Monday, September 4, 2023 - Faxon Law New Haven Road Race 20K

Saturday, December 16, 2023 - Norfolk Pub 10 Mile

STRIDER RACING TEAM RESULTS 2023

ROAD GRAND PRIX



OPEN DIVISION

	5K New Haven	10K Middletown	1-Mi Manchester	Half Marathon Fairfield	5-Mi Branford	4-Mi Groton	20K New Haven	10-Mi Norfolk	Club Total
MO Team									
New Haven RR	9	11	11	9	9	11	11	11	82
Manchester RC	11	9	9	11	11	9	9	9	78
Mohegan Striders	8	8	7	6	7	8	8	8	60
Sound Runner	7	7	8	8	8	7	6		51
Milford RR	5			7	6		7		25
FO Team									
New Haven RR	11	8	11	11	11	11	11	11	85
Manchester RC	7	9	8	7	8	9	9	9	66
Mohegan Striders	8	7	7	8	7	8	8	8	61
Sound Runner	9	11	9	9	9		7		54
Milford RR	6	6		6			6	7	31

MASTERS DIVISION



	5K New Haven	10K Middletown	1-Mi Manchester	Half Marathon Fairfield	5-Mi Branford	4-Mi Groton	20K New Haven	10-Mi Norfolk	Club Total
MM Team									
Hartbeat TC	11	11	11	11	11	9	11		75
Manchester RC	9	9	9	9	9	8	9	11	73
Mohegan Striders	7	8	8	6	6	7	8	9	59
Sound Runner	8	7		7	8	11	6		47
Milford RR	6		6	8	7	6	7		40
FM Team									
Manchester RC	11	9	9	9	9	11	8	11	77
Milford RR	8	8	7	8	8	8	7	8	62
Mohegan Striders	7	7	6	7	7	9	9	9	61
Sound Runner	9	11	11		11				42
New Haven RR			8	11			11		30

STRIDER RACING TEAM RESULTS 2023

ROAD GRAND PRIX



GRAND MASTERS DIVISION

MG Team	5K New Haven	10K Middletown	1-Mi Manchester	Half Marathon Fairfield	5-Mi Branford	4-Mi Groton	20K New Haven	10-Mi Norfolk	Club Total
Manchester RC	11	11	11	11	9	9	11	11	84
Mohegan Striders	8	8	8	7	7	8	9	9	64
Sound Runner	9	9		9	11	11	8		57
Milford RR	6		7	8	8		7		36
Hartford TC	7	7	9		6				29
FG Team									
Manchester RC	11	11	11	11	11	11	11	11	88
Mohegan Striders	9	9	8	8	8	9	9	9	69
Milford RR	8	8	9	9	9		8	8	59

SENIORS DIVISION



MS Team	5K New Haven	10K Middletown	1-Mi Manchester	Half Marathon Fairfield	5-Mi Branford	4-Mi Groton	20K New Haven	10-Mi Norfolk	Club Total
Manchester RC	9	11	11	11	9	11	11	11	84
Mohegan Striders	8	8	8	9	11	9	9	9	71
Hartford TC	11	9	9						29
Milford RR	7				8		8		23
FS Team									
Mohegan Striders	9	9	9	9	8	11	9		64
Milford RR	11	8		11	9		11	9	59
Manchester RC		11	11		11			11	44

STRIDER RACING TEAM RESULTS 2023

ROAD GRAND PRIX

	5K New Haven	10K Middletown	1-Mi Manchester	Half Marathon Fairfield	5-Mi Branford	4-Mi Groton	20K New Haven	10-Mi Norfolk	Club Total
Male Team Total									
Manchester RC	40	40	40	42	38	37	40	42	319
Mohegan Striders	31	32	31	28	31	32	34	35	254
Sound Runner	24	23	8	24	27	29	20	0	155
Milford RR	24	0	13	23	29	6	29	0	124
Hartford TC	29	22	31	0	11	0	0	0	93
New Haven RR	9	11	11	9	9	11	11	11	82
Hartbeat TC	11	11	11	11	11	9	11	0	75

Female Team Total									
Manchester RC	29	40	39	27	39	31	28	42	275
Mohegan Striders	33	32	30	32	30	37	35	26	255
Milford RR	33	30	16	34	26	8	32	32	211
New Haven RR	11	8	19	22	11	11	22	11	115
Sound Runner	18	22	20	9	20	0	7	0	96

	5K New Haven	10K Middletown	1-Mi Manchester	Half Marathon Fairfield	5-Mi Branford	4-Mi Groton	20K New Haven	10-Mi Norfolk	Club Total
M&F Team									
Manchester RC	69	80	79	69	77	68	68	84	594
Mohegan Striders	64	64	61	60	61	69	69	61	509
Milford RR	57	30	29	57	55	14	61	32	335
Sound Runner	42	45	28	33	47	29	27	0	251
New Haven RR	20	19	30	31	20	22	33	22	197
Hartford TC	29	22	31	0	11	0	0	0	93
Hartbeat TC	11	11	11	11	11	9	11	0	75

STRIDER RACING TEAM SCORERS 2023

Adam Proulx
Alexandra Salinsky
Alison Gallerani
Andrew Lepage
Angie Ventulett
Anne Gaston
Bob Kerwin
Brandy Leclair
Brenda Whitman
David Goodrich
Denise Descheneaux
Erin Hub
Jared Dybas
Jason Ciaciura
Jeff Walker
Jeffrey Anderson
Jon-Paul Mandelburg
Jonathan Heideman
Kate Johnston
Kevin Macdonald
Kris-Anne Kane
Kristen Amick
Laurie Schaeffer
Lisa Strom
Luanne Roy
Marcy Withington
Mario Longo
Mark Olivier
Mary Zorzanello

Matt Sweeney
Maura D'Andrea
Melinda Hedding
Michael Stadolnik
Nancy Olsen
Natalie Edwards
Peggy Flood
Peter Olsen
Rebecca Snelson
Samuel Alexander
Shelly Rivera
Stephen Dinsmore
Stephen Johnson
Taylor Kilen
Tracey Clark
Vicky Hilton
Victor Rivera

STRIDER RACING TEAM RESULTS 2023

ROAD GRAND PRIX

Male Team Points - 31
Male Team Place - 2nd



3/5/2023

Female Team Points - 33
Female Team Place - 2nd

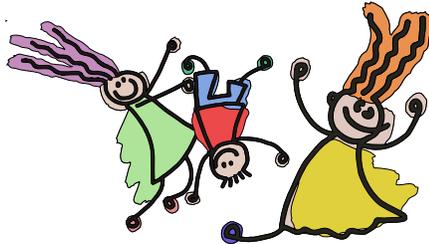
MEN

WOMEN

OPEN DIVISION

3. Mohegan Striders

Samuel Alexander	00:15:54
Mark Olivier	00:16:05
Jon-Paul Mandelburg	00:16:59
Jared Dybas	00:17:01
Adam Proulx	00:17:34
Total	01:23:33



3. Mohegan Striders

Rebecca Snelson	00:17:23
Brandy Leclair	00:18:54
Taylor Kilen	00:19:49
Erin Hub	00:20:34
Marcy Withington	00:21:23
Total	01:38:03

MASTERS DIVISION

4. Mohegan Striders

Jeff Walker	00:17:39
Michael Stadolnik	00:18:02
Mario Longo	00:19:01
Total	00:54:42



4. Mohegan Striders

Marcy Withington	00:21:23
Lisa Strom	00:22:07
Laurie Schaeffer	00:23:35
Total	01:07:05

GRAND MASTERS DIVISION

3. Mohegan Striders

Jeff Walker	00:17:39
Mario Longo	00:19:01
Jeffrey Anderson	00:19:51
Total	00:56:31



2. Mohegan Striders

Marcy Withington	00:21:23
Lisa Strom	00:22:07
Laurie Schaeffer	00:23:35
Total	01:07:05

SENIORS DIVISION

3. Mohegan Striders

Jeffrey Anderson	00:19:51
Kevin Macdonald	00:22:03
Stephen Johnson	00:24:20
Total	01:06:14



2. Mohegan Striders

Mary Zorzanello	00:28:32
Maura D'Andrea	00:28:56
Melinda Hedding	00:28:58
Total	01:26:26

Combined Team Points - 64
Combined Team Place - 2nd

STRIDER RACING TEAM RESULTS 2023

ROAD GRAND PRIX

Male Team Points - 32
Male Team Place - 2nd

Female Team Points - 32
Female Team Place - 2nd



4/2/2023

MEN

3. Mohegan Striders

Mark Olivier	00:33:47
Andrew Lepage	00:34:02
Jeff Walker	00:37:09
Michael Stadolnik	00:37:31
Jonathan Heideman	00:37:47
Total	03:00:16

OPEN DIVISION



WOMEN

4. Mohegan Striders

Rebecca Snelson	00:39:42
Erin Hub	00:42:55
Shelly Rivera	00:45:27
Lisa Strom	00:47:18
Laurie Schaeffer	00:48:54
Total	03:44:16

MASTERS DIVISION



3. Mohegan Striders

Jeff Walker	00:37:09
Michael Stadolnik	00:37:31
Mario Longo	00:40:42
Total	01:55:22

4. Mohegan Striders

Lisa Strom	00:47:18
Laurie Schaeffer	00:48:54
Tracey Clark	00:52:38
Total	02:28:50

GRAND MASTERS DIVISION



3. Mohegan Striders

Jeff Walker	00:37:09
Mario Longo	00:40:42
Kevin Macdonald	00:45:47
Total	02:03:38

2. Mohegan Striders

Lisa Strom	00:47:18
Laurie Schaeffer	00:48:54
Tracey Clark	00:52:38
Total	02:28:50

SENIORS DIVISION



3. Mohegan Striders

Kevin Macdonald	00:45:47
Stephen Dinsmore	00:49:22
Stephen Johnson	00:52:23
Total	02:27:32

Mohegan Striders

Brenda Whitman	01:00:30
Melinda Hedding	01:00:55
Maura D'Andrea	01:02:11
Total	03:03:36

Combined Team Points - 64
Combined Team Place - 2nd

STRIDER RACING TEAM RESULTS 2023

ROAD GRAND PRIX

Male Team Points - 31
Male Team Place - 2nd



Female Team Points - 30
Female Team Place - 2nd

MEN

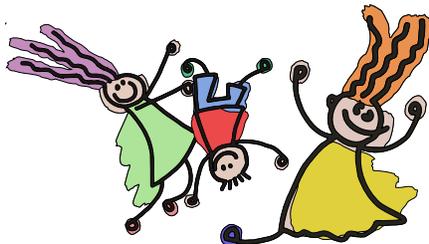
5/20/2023

WOMEN

4. Mohegan Striders

Samuel Alexander	00:04:13
Jeff Walker	00:05:02
Michael Stadolnik	00:05:03
Bob Kerwin	00:05:27
Stephen Dinsmore	00:06:23
Total	00:26:08

OPEN DIVISION



4. Mohegan Striders

Kris Anne Kane	00:06:15
Vicky Hilton	00:06:51
Mary Zorzanello	00:07:35
Melinda Hedding	00:07:56
Nancy Olsen	00:08:33
Total	00:37:10

3. Mohegan Striders

Jeff Walker	00:05:02
Michael Stadolnik	00:05:03
Bob Kerwin	00:05:27
Total	00:15:32

MASTERS DIVISION



5. Mohegan Striders

Kris Anne Kane	00:06:15
Vicky Hilton	00:06:51
Mary Zorzanello	00:07:35
Total	00:20:41

GRAND MASTERS DIVISION



3. Mohegan Striders

Jeff Walker	00:05:02
Stephen Dinsmore	00:06:23
Stephen Johnson	00:06:53
Total	00:18:18

3. Mohegan Striders

Kris Anne Kane	00:06:15
Vicky Hilton	00:06:51
Mary Zorzanello	00:07:35
Total	00:20:41

SENIORS DIVISION



3. Mohegan Striders

Stephen Dinsmore	00:06:23
Stephen Johnson	00:06:53
Peter Olsen	00:07:34
Total	00:20:50

2. Mohegan Striders

Mary Zorzanello	00:07:35
Melinda Hedding	00:07:56
Nancy Olsen	00:08:33
Total	00:24:04

Combined Team Points - 61
Combined Team Place - 2nd

STRIDER RACING TEAM RESULTS 2023

ROAD GRAND PRIX

Male Team Points - 28
Male Team Place - 2nd

Female Team Points - 32
Female Team Place - 2nd



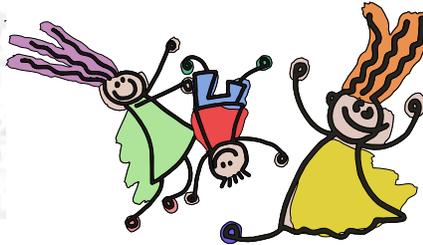
6/4/2023

FAIRFIELD HALF MARATHON & 5K OPEN DIVISION

MEN

5. Mohegan Striders

David Goodrich	01:26:11
Jeffrey Anderson	01:33:54
Victor Rivera	01:37:14
Bob Kerwin	01:39:46
Jason Ciaciura	01:44:52
Total	08:01:57



WOMEN

3. Mohegan Striders

Rebecca Snelson	01:23:01
Taylor Kilen	01:33:53
Erin Hub	01:34:54
Shelly Rivera	01:40:22
Lisa Strom	01:43:21
Total	07:55:31

MASTERS DIVISION

5. Mohegan Striders

Jeffrey Anderson	01:31:11
Bob Kerwin	01:39:46
Jason Ciaciura	01:44:52
Total	04:58:32



4. Mohegan Striders

Lisa Strom	01:43:21
Tracey Clark	02:02:40
Melinda Hedding	02:19:11
Total	06:05:12

GRAND MASTERS DIVISION

4. Mohegan Striders

Jeffrey Anderson	01:33:54
Kevin Macdonald	01:47:11
Stephen Dinsmore	01:48:28
Total	05:09:33



3. Mohegan Striders

Lisa Strom	01:43:21
Tracey Clark	02:02:40
Melinda Hedding	02:19:11
Total	06:05:12

SENIORS DIVISION

2. Mohegan Striders

Jeffrey Anderson	01:33:54
Kevin Macdonald	01:47:11
Stephen Dinsmore	01:48:28
Total	05:09:33



2. Mohegan Striders

Melinda Hedding	02:19:11
Mary Zorzanello	02:26:33
Luanne Roy	02:37:09
Total	07:22:53

Combined Team Points - 60
Combined Team Place - 2nd

STRIDER RACING TEAM RESULTS 2023

ROAD GRAND PRIX

Male Team Points - 31
Male Team Place - 2nd

Female Team Points - 30
Female Team Place - 2nd



MEN

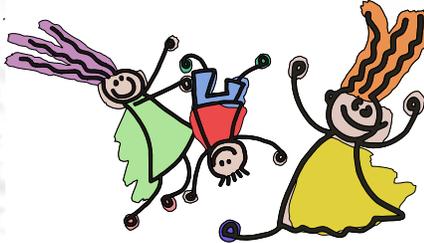
6/18/2023

WOMEN

OPEN DIVISION

4. Mohegan Striders

Samuel Alexander	00:26:24
Jared Dybas	00:28:32
Matt Sweeney	00:30:15
Michael Stadolnik	00:30:47
David Goodrich	00:32:36
Total	02:28:34



4. Mohegan Striders

Taylor Kilen	00:33:59
Erin Hub	00:35:19
Shelly Rivera	00:37:09
Alexandra Salinsky	00:38:07
Kris-Anne Kane	00:38:31
Total	03:03:05

MASTERS DIVISION

5. Mohegan Striders

Michael Stadolnik	00:30:47
Jeffrey Anderson	00:35:11
Bob Kerwin	00:36:01
Total	01:41:59



4. Mohegan Striders

Kris-Anne Kane	00:38:31
Vicky Hilton	00:41:38
Denise Descheneaux	00:42:05
Total	02:02:14

GRAND MASTERS DIVISION

4. Mohegan Striders

Jeffrey Anderson	00:35:11
Kevin Macdonald	00:37:40
Stephen Johnson	00:40:12
Total	01:53:03



3. Mohegan Striders

Kris-Anne Kane	00:38:31
Vicky Hilton	00:41:38
Denise Descheneaux	00:42:05
Total	02:02:14

SENIORS DIVISION

1. Mohegan Striders

Jeffrey Anderson	00:35:11
Kevin Macdonald	00:37:40
Stephen Johnson	00:40:12
Total	01:53:03



Mohegan Striders

Peggy Flood	00:48:05
Melinda Hedding	00:48:32
Anne Gaston	00:49:00
Total	02:25:37

Combined Team Points - 61
Combined Team Place - 2nd

STRIDER RACING TEAM RESULTS 2023

ROAD GRAND PRIX

Male Team Points - 33
Male Team Place - 2nd

Female Team Points - 37
Female Team Place - 1st



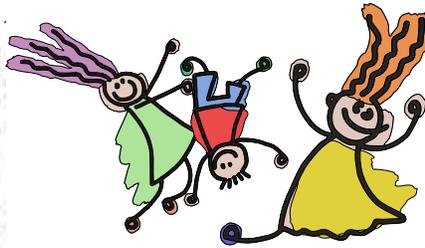
MEN

WOMEN

OPEN DIVISION

3. Mohegan Striders

Samuel Alexander	00:21:38
Andrew Lepage	00:21:55
Mark Olivier	00:21:57
Jon-Paul Mandelburg	00:22:48
Matt Sweeney	00:23:22
Total	01:51:40



3. Mohegan Striders

Brandy Leclair	00:25:53
Rebecca Snelson	00:26:42
Taylor Kilen	00:27:02
Alison Gallerani	00:28:14
Erin Hub	00:28:15
Total	02:16:06

MASTERS DIVISION

4. Mohegan Striders

Michael Stadolnik	00:24:39
Victor Rivera	00:26:30
Bob Kerwin	00:27:28
Total	01:18:37



2. Mohegan Striders

Alison Gallerani	00:28:14
Shelly Rivera	00:29:45
Kris-Anne Kane	00:30:49
Total	01:28:48

GRAND MASTERS DIVISION

3. Mohegan Striders

Michael Stadolnik	00:24:39
Jeffrey Anderson	00:27:29
Kevin Macdonald	00:30:36
Total	01:22:44



2. Mohegan Striders

Alison Gallerani	00:28:14
Kris-Anne Kane	00:30:49
Laurie Schaeffer	00:31:52
Total	01:30:55

SENIORS DIVISION

2. Mohegan Striders

Jeffrey Anderson	00:27:29
Kevin Macdonald	00:30:36
Stephen Dinsmore	00:31:10
Total	01:29:15



1. Mohegan Striders

Vicky Hilton	00:33:11
Anne Gaston	00:38:12
Brenda Whitman	00:38:27
Total	01:49:50

Combined Team Points - 69*
Combined Team Place - 1st

STRIDER RACING TEAM RESULTS 2023

ROAD GRAND PRIX

Male Team Points - 34
Male Team Place - 2nd

Female Team Points - 35
Female Team Place - 1st



9/4/2023

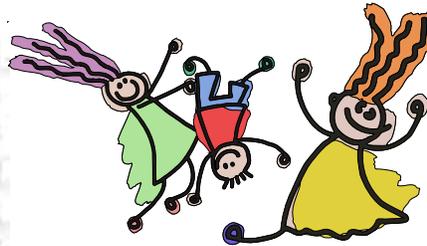
MEN

WOMEN

OPEN DIVISION

3. Mohegan Striders

Samuel Alexander	00:21:38
Andrew Lepage	00:21:55
Mark Olivier	00:21:57
Jon-Paul Mandelburg	00:22:48
Matt Sweeney	00:23:22
Total	01:51:40



3. Mohegan Striders

Brandy Leclair	00:25:53
Rebecca Snelson	00:26:42
Taylor Kilen	00:27:02
Alison Gallerani	00:28:14
Erin Hub	00:28:15
Total	02:16:06

MASTERS DIVISION

4. Mohegan Striders

Michael Stadolnik	00:24:39
Victor Rivera	00:26:30
Bob Kerwin	00:27:28
Total	01:18:37



2. Mohegan Striders

Alison Gallerani	00:28:14
Shelly Rivera	00:29:45
Kris-Anne Kane	00:30:49
Total	01:28:48

GRAND MASTERS DIVISION

3. Mohegan Striders

Michael Stadolnik	00:24:39
Jeffrey Anderson	00:27:29
Kevin Macdonald	00:30:36
Total	01:22:44



2. Mohegan Striders

Alison Gallerani	00:28:14
Kris-Anne Kane	00:30:49
Laurie Schaeffer	00:31:52
Total	01:30:55

SENIORS DIVISION

2. Mohegan Striders

Jeffrey Anderson	00:27:29
Kevin Macdonald	00:30:36
Stephen Dinsmore	00:31:10
Total	01:29:15



1. Mohegan Striders

Vicky Hilton	00:33:11
Anne Gaston	00:38:12
Brenda Whitman	00:38:27
Total	01:49:50

Combined Team Points - 69
Combined Team Place - 1st

STRIDER RACING TEAM RESULTS 2023

ROAD GRAND PRIX

Male Team Points - 34
Male Team Place - 2nd

Norfolk Pub 10-Miler

Female Team Points - 35
Female Team Place - 2nd

MEN

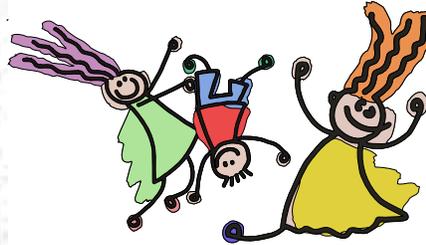
12/15/2023

WOMEN

OPEN DIVISION

3. Mohegan Striders

Samuel Alexander	00:55:25
Jared Dybas	01:04:57
David Goodrich	01:09:30
Michael Fleming	01:12:21
Bob Kerwin	01:18:45
Total	05:40:58



3. Mohegan Striders

Alison Gallerani	01:16:21
Shelly Rivera	01:17:49
Laurie Schaeffer	01:24:55
Kris Anne Kane	01:25:59
Melinda Hedding	01:59:30
Total	07:24:34

MASTERS DIVISION

2. Mohegan Striders

Bob Kerwin	01:18:45
Kevin Macdonald	01:24:08
Jason Ciaciura	01:32:13
Total	04:15:06



2. Mohegan Striders

Alison Gallerani	01:16:21
Shelly Rivera	01:17:49
Laurie Schaeffer	01:24:55
Total	03:59:05

GRAND MASTERS DIVISION

2. Mohegan Striders

Kevin Macdonald	01:24:08
Stephen Dinsmore	01:36:23
Peter Olsen	01:50:12
Total	04:50:43



2. Mohegan Striders

Alison Gallerani	01:16:21
Laurie Schaeffer	01:24:55
Kris Anne Kane	01:25:59
Total	04:07:15

SENIORS DIVISION

2. Mohegan Striders

Kevin Macdonald	01:24:08
Stephen Dinsmore	01:36:23
Peter Olsen	01:50:12
Total	04:50:43



Combined Team Points - 61
Combined Team Place - 2nd

STRIDER RACING TEAM RESULTS 2023

CROSS COUNTRY SERIES

Male Team Points - 8
Male Team Place - 2nd

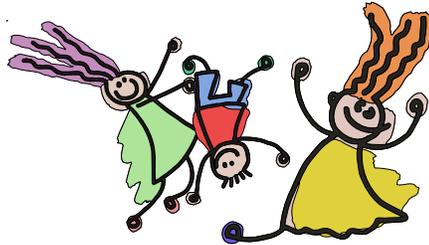
LITCHFIELD 5K XC CHALLENGE 10/4/2023

Female Team Points - 18
Female Team Place - 2nd

MEN

WOMEN

OPEN DIVISION



2. Mohegan Striders	
Kristen Amick	3
Denise Descheneaux	5
Nicole Barile	7
Nancy Olsen	8
Total	23

MASTERS DIVISION

3. Mohegan Striders

Kevin Macdonald	6
Stephen Dinsmore	7
Peter Olsen	9
Total	22



2. Mohegan Striders	
Kristen Amick	2
Denise Descheneaux	4
Nicole Barile	6
Nancy Olsen	7
Total	12

XC Rules

Team score - total of finishing positions of scoring members, low score wins

Open teams (age 16+) - 4 score and 2 displace

Masters teams (age 40+) - 3 score and 2 displace

Divisions - open male, open female, masters male, masters female

Team prize money - open 1st \$100, open 2nd \$80, masters 1st \$75, masters 2nd \$45

Races

Sunday, November 12-Age Before Beauty 5K, Litchfield

Saturday, November 25-8K Challenge, West Hartford

Combined Team Points - 26
Combined Team Place - 1st

STRIDER RACING TEAM RESULTS 2023

CROSS COUNTRY SERIES

Male Team Points - 9
Male Team Place - 2nd

Female Team Points - NA
Female Team Place - NA



8K Cross Country Race

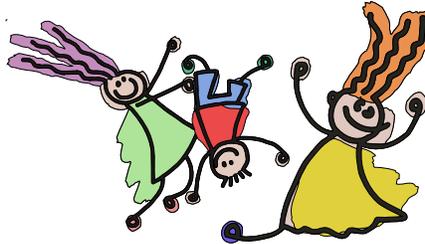
MEN

WOMEN

OPEN DIVISION

2. Mohegan Striders

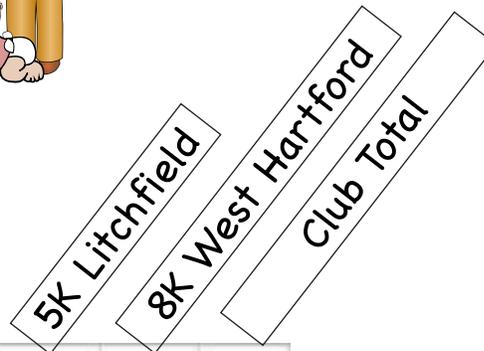
Bob Kerwin	4
Jason Ciaciura	6
Stephen Dinsmore	7
Kevin Macdonald	8
Total	25



MASTERS DIVISION

2. Mohegan Striders

Bob Kerwin	3
Jason Ciaciura	5
Stephen Dinsmore	6
Kevin Macdonald	7
Total	14



M&F Team Final	5K Litchfield	8K West Hartford	Club Total
Mohegan Striders	26	18	44
Manchester RC	42	0	42
Sound Runner	11	22	33

Combined Team Points - 18
Combined Team Place - 1st

STRIDER RACING TEAM RESULTS 2023

Male Team Points - 4 **MOUNTAIN, ULTRA & TRAIL** Female Team Points - NA
 Male Team Place - 3rd **SERIES** Female Team Place - NA



4/23/2023

MEN

WOMEN

OPEN DIVISION



3. Mohegan Striders

Stephen Dinsmore
 Kevin MacDonald
 Jeffrey Walker
Total

02:41:04

MASTERS DIVISION

3. Mohegan Striders

Stephen Dinsmore
 Kevin MacDonald
 Jeffrey Walker
Total

02:41:00



Mountain, Ultra & Trail Rules

Scoring shall be five (5) points for each first place scored, three (3) points for second, and two (2) points for third. The team score shall be the sum of the net (if available, otherwise gun) times of the top three members of each team.

\$450 to men's and women's open teams and \$300 to the men's and women's masters teams will be presented to the winning clubs

MUT Races

Sunday April 23, 8:00 AM: Rocky Neck Relay 30k (Teams)
 Saturday June 17, 7:30 AM: Summer Solstice Trail Run 8 Miles
 Saturday, August 5, 9:00 AM: Peoples Forest Trail Run 7 Miles
 Sunday, October 1, 9:30 AM: Norfolk Land Trust Trail Half Marathon

Combined Team Points - 4
 Combined Team Place - 3rd

STRIDER RACING TEAM RESULTS 2023

MOUNTAIN, ULTRA & TRAIL SERIES

Male Team Points - 7
Male Team Place - 2nd

Female Team Points - 2
Female Team Place - 3rd

MEN

6/17/2023

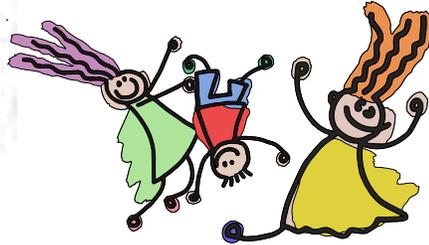


WOMEN

OPEN DIVISION

1. Mohegan Striders

Mark Olivier	00:51:46
Jeff Walker	00:55:28
David Goodrich	00:58:08
Total	02:45:22



3. Mohegan Striders

Natalie Edwards	01:18:40
Angie Ventulett	01:20:16
Kristen Amick	01:32:15
Total	04:11:11

MASTERS DIVISION

3. Mohegan Striders

Jeff Walker	00:55:28
Stephen Dinsmore	01:23:13
Kevin Macdonald	01:32:15
Total	03:50:56



Combined Team Points - 9
Combined Team Place - 3rd

STRIDER RACING TEAM RESULTS 2023

MOUNTAIN, ULTRA & TRAIL SERIES

Male Team Points - 5
Male Team Place - 1st

Female Team Points - NA
Female Team Place - NA

PEOPLES FOREST 7-MI TRAIL RACE

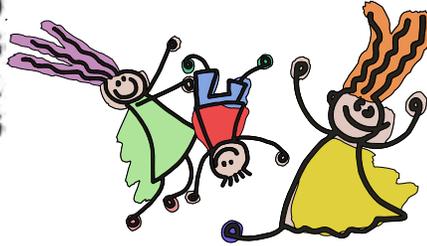
8/5/2023

MEN

WOMEN

1. Mohegan Striders	
Jon-Paul Mandelburg	00:54:29
Samuel Alexander	00:55:35
Mark Olivier	00:56:11
Total	02:46:15

OPEN DIVISION



MASTERS DIVISION



Combined Team Points - 5
Combined Team Place - 3rd

STRIDER RACING TEAM RESULTS 2023

MOUNTAIN, ULTRA & TRAIL SERIES

Male Team Points - 5
Male Team Place - 1st

Female Team Points - NA
Female Team Place - NA

MEN

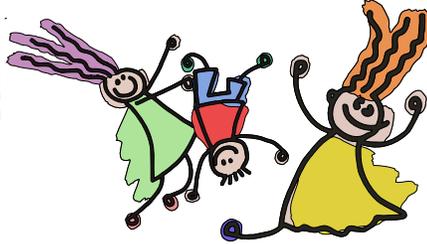


10/1/2023

WOMEN

1. Mohegan Striders	
Jon-Paul Mandelburg	01:36:26
Jeff Walker	01:45:25
Jonathan Heideman	02:05:35
Total	05:27:26

OPEN DIVISION



MASTERS DIVISION



30K East Lyme	8-Mi Hebron	7-Mi Barkhamsted	Half Marathon Norfolk	Club Total
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M&F Team					
Manchester RC	18	16	11	8	53
Sound Runner	11	10	7	0	28
Mohegan Striders	4	9	5	5	23

Combined Team Points - 5
Combined Team Place - 2nd