

# arrowhead

VOLUME #3

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Pres. Jack Curran  
 V.P. Bob Miles  
 Sec. Bob Carbray  
 Treas. Tim Smith

## THAT SWEET SUMMER SEASON

Danielson is still the official local opener of the summer season, and Glenn Stacy and company once again pull off a classic one. For the Striders it was a quick early victory in what is undoubtedly going to be a tough summer in the team competition. Bill Marshall, former NFA great of the early 1960's who led his teams to a New England High School championship and many State championships, re-kindled days of old as he led the five-man team of himself, Jim Butler, Steve Lamb, Gerry Lentz, and Master Gene McMerriman to the team title.

Then followed a nifty 10,000-meter run in Durham on Memorial Day which was highlighted by the return of a smoking John Vitale who demolished the nearest competition by a minute. The Mohegans swamped the top three Master slots with McMerriman, Mike Law, and George Maine. All three were awarded watches for their efforts.

The Plainfield 5.5-mile run on June 2nd introduced the new area club: The Thames River Road Runners. The Striders thought the team plaque would merely be a formality of tallying the places of a hastily compiled list of five runners. Well, 157 points was much too high to win this one as the Thames River Road Runners were declared winners with a 75 point total. The "ifs" were so very few too: if 9th place Jim Murphy had been put on the team list and if Rory Suomi had paid his dues before the race the Striders would have tallied a tidy little score of 64 points and a team victory. Plainfield truly is a fine community race sponsored by the Jaycees and bolstered by two half-kegs of cold beer right at the finish line!

On to Father's Day at the Groton 5.2-mile run. Prizes beyond compare as far as quantity is concerned. The Groton Rec continues to do a superb job. Again Bill Marshall led the Mohegan pack. Clearly this was a tune up for the prestigious Norwich Rose Arts race for many.

John Flora displayed some of his near-world class running by logging a new Rose Arts record in his one-man performance. The three-man team race was dominated by Thames River and Mohegan with Thames River's 19 points (Raunig, Rogers and Peterson) besting the Striders' 29 points tallied by Bill Marshall, Rory Suomi and Joe Portelance. The Striders also came up dry in the women's division as the Montville Track Association placed all three scorers in the top fifteen women. Pam McMerriman led Mohegan in 7th. Shawn Bennett turned in a fine performance for the second weekend in a row, taking top junior honors at both Groton and Norwich.

The plaudits for this year's Rose Arts race, however, belong not so much to the runners but rather the Mohegan administration which ably developed this fine function. The Norwich Bulletin did a great job in acknowledging the Club's input into the race. Club members owe a vote of thanks to Jim Butler, Bob Miles, Bob Carbray, Bill Marshall and Club President Jack Curran for their devotion to a challenging effort. The fruit of their work shines most favorably upon the Club name. Thanks also to brother Al Morrison, aptly described as a "walking reference source" by the Norwich Bulletin, for his spontaneous race commentary.

Again the traffic flow in the Taftville-Greenville area posed a chronic problem for some runners; perhaps this will yet be resolved or at least controlled within reason. One other fine point to be smoothed out rests with the prize winners. To expedite the awarding of prizes the burden should be on the runner to be on hand when called or forfeit his turn and accept whatever is left when he or she finally shows up. Perhaps this could be typed right on the finishing cards of the prize positions.

In conjunction with the Rose Arts race Bob Miles and Jim Butler shared an informative half hour with Phil Leary on WICH's "Sports Chatter" on May 21st. The guys touched upon the race, racing in general, popular running magazines and, of course, the Striders. As mentioned, all that is needed is \$2.00 and a desire to run.

THEY HAVE ARRIVED

The much discussed new southeastern Connecticut club has arrived. They are the Thames River Road Runners. Basically, they are an offshoot of a former Sub Base athletic group bolstered by other military service personnel. Their membership is wide open and their recruiting is very active. The club is headed up by President Dick Post, former Mohegan Amby Burfoot is secretary, and Mike Stein is treasurer. The club already boasts some up-front runners like Burfoot, Dave Raunig, Ben Peterson, and Bill Rogers. Single membership is \$2.00 annually, while \$3.00 will get the entire family in. Best of luck to our new neighbors.

MONEY

The Club received a nice donation of \$25.00 from the Otis Library for Tim Smith's talk to a group at a running clinic on May 10th sponsored by the Library. Amby Burfoot also received a donation for his club for his discussion with the group which surprisingly consisted of over 70% women.

A CLUB FAILING

While the Club touts its successes, it also has an obligation to admit to its failings. The May issue of the Arrowhead previewed a plan to improve the women's program within the Club. That plan unfortunately failed to gain the substance needed to get it off the ground. So once again the hope and the wait continues for someone or some few to spearhead a solid direction on which a women's program can grow; a program that emphasizes fun runs, a competitive women's team, and an outlet or source for publicity concerning the Mohegan distaffers.

BEAT INFLATION: RESOLE THOSE WORN SHOES

With the cost of running shoes wouldn't it be nice to get twice the wear out of them? L & R Athletic Shoe specializes in repairing running shoes. Workmanship guaranteed. L & R Athletic Shoes is located in "Good Times" Store, 30 Bank Street, New London. Telephone 447-1102.

TO THE RACES

July 14th, North Stonington Fair, 6.3-miler, Tel. 599-2534.  
 July 28th, Voluntown Volunteer Festival, 10,000-meters.  
 August 4th, Ocean Beach, 11.6-miler, high noon.  
 August 26th, Colchester, 5-miler, Colchester Green, 12:30 p.m.  
 September 8th, Ledyard Fair, 8.8-miler, 10 a.m.  
 September 23rd, Guilford Fair, 10-miler, 10 a.m.  
 September 30th, Stonington Community Center, 2-mile, 1 p.m.  
 5-miler, 2 p.m. Tel. 535-0302.

"Running at its best is an outpouring, a release of tensions . . . An hour, two hours of running slips away as so many minutes. We become tired, exhaustingly tired, but never unhappy. It is work but it seems only fun. Exhilarating, satisfying fun."

Percy Cerutti



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3 May 1979

Mr. Timothy Smith, Treasurer  
 Mohegan Striders Association  
 43 Beech St.  
 Norwich, CT 06360

Dear Mr. Smith:

I am enclosing a copy of the AAU policy that has been transmitted to each of our Association Secretaries as well as the Long Distance Running Chairmen. Should you need an interpretation, please feel free to contact this office or the New England AAU Secretary.

Best regards,

A handwritten signature in cursive script that reads "Ollan Cassell".

OLLAN C. CASSELL  
 Executive Director

OCC:atw


Enclosure

cc: Frank J. Rull

POLICY ON SANCTIONS AND REGISTRATIONS OF THE NATIONAL  
AAU MEN'S LONG DISTANCE AND ROAD RUNNING COMMITTEE.  
(as voted on in session of its annual meeting in  
San Antonio, Texas, November 29, 1978)

In all Long Distance and Road Running footraces a sanction will be required for all championships at the National, Sectional, Regional and Association level, International Competition and all other competition that includes non-AAU registered foreign athletes.

In all non-championship footraces a sanction should be issued to cover all AAU athletes in the footrace whether it is requested or not. Thus the AAU association will provide a sanction for the AAU athletes only.

★  Those athletes that participate in non-championship footraces should not be forced to join the AAU for these races. For championship races, AAU registration is required.

An educative process should be used to show the benefits of AAU registration.

Note: The RRCA president, Jeff Darman, has indicated his willingness to cooperate and seek cooperation in the search for a solution to this complex issue.