



# rowhead

VOLUME #3

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May 1, 1979

Pres. Jack Curran  
 V.P. Bob Miles  
 Sec. Bob Carbray  
 Treas. Tim Smith

## THE #1 RACE: BOSTON

Boston once again staged another Classic while the entire world watched by way of television, radio, newspapers, and magazines. The publicity locally was also outstanding. Personal interest stories ranged from the Striders' 3-man team of Uhrig, Marshall, and Jim Butler to Marshall Collins' first sub-three hour run to Jerry Lowney's "running like hell." While Patriot's Day climaxes the end of one training season, it kicks off the beginning of another: Boston 1980. Good Luck!

## A.A.U. - A LEGITIMATE FEE?

The summer circuit is just beginning, but already runners, as never before, are beginning to question the A.A.U.'s revenue collecting presence at many of the regular annual races. The problem of A.A.U. #s seems not to lie so much with sponsor and runner but rather with sponsor and A.A.U. The A.A.U. sits with most sponsors like I.R.S. sits with most taxpayers: just do as the powers that be say and don't ask any questions. If sponsors were better informed rather than misinformed the road running scene would be much healthier. Sponsors should know most importantly that they cannot lose their A.A.U. sanction by allowing non-sanctioned runners to participate in their event. But if you, the participant, won't tell them, no one will; especially not the A.A.U.

## REGIONAL POLICEMEN'S TRACK MEET

The 1st Annual Policemen's Track Meet is coming to Norwich on Sunday, August 26th. Honorary Club member Al Morrison has been selected as meet chairman. The event, sponsored by the Norwich Police Department, will gather many town and state police from throughout New England to the newly constructed Norwich Free Academy track facility. Al is seeking assistance in many areas and can be reached at the Wauregan Hotel in Norwich.

## MISSOURI ROAD RUNNING (Contributed by Rob Huntington)

The fad is every bit as popular as in New England. Quality is not quite as evident as back home though. Rob placed 3rd in the Sedalia marathon with a fine 2:40:19 among a field of 84 runners. Unlike New England most races here are run for a profit. Standard entry fee is \$5.00. No results are tabulated at many races, no merchandise prizes, and usually only 1 trophy or medal given to the winner of men's and women's divisions. Guess we're not so bad off in New England.

## TO THE RACES

May 12th, Madison 4.8-miles. Starts 11 a.m. from Surf Club.  
 May 19th, Danielson 3 & 5-miles. Starts 12:30 p.m. Davis Park.  
 June 3rd, Plainfield 5.5-miles. Application attached.  
 June 24th, Norwich 10.6-miles. Chelsea Parade. NO POST ENTRIES.

## SHORTS

Bob Chamberland once again directed a fine 5-miler in Bolton with 336 runners vying for merchandise prizes in numerous divisions. The course was traffic free, compliments of the resident state trooper and town aid. . . . Numerous rec races coming soon to sharpen that speed: Norwich, Montville, Ledyard, Groton, Willimantic are some of the old favorites. To join the Striders forward \$2.00 to Bob Carbray, 8 Sunset Avenue, Ledyard, Ct. 06339; additional family members only .50 each. . . . New decals are in and may be had from Bob Carbray, Jack Curran, or Chris Portelance, .50 ea. . . . The Striders are deeply committed to the Norwich Rose Arts Race; your individual support and assistance is needed. Contact Bob Miles at 889-5842 and give a little time to a big success.



# MOHEGAN STRIDERS



April 23, 1979

National A.A.U. Headquarters  
3400 West 86th Street  
Indianapolis, Indiana

Re: A.A.U. Code Amendment

Gentlemen;

We are seeking an interpretation of the present registration requirements for the amateur long distance runner. Specifically, must a participant in a road running or cross country event, other than an A.A.U. closed championship race, be A.A.U. registered to be officially recognized in an A.A.U. sanctioned race? Expressed from another angle, will a race sponsor who allows non-A.A.U. participants to compete in his A.A.U. sanctioned town or fair race lose his sanction for future years?

Its unfortunate that we have to approach the National Office for a mandate on this issue, but here in New England it appears that the overseeing A.A.U. associations find it to their financial benefit to keep sponsors and runners alike misinformed.

Sincerely,  
*Timothy Smith*  
Timothy Smith  
Treasurer  
Mohegan Striders Association

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## WOMEN WANTED

The Striders want women participation. July 1st's Arrowhead will feature a special supplement on our women Striders. A list will consist of the runner's name, type of running (training) being done, when and where its being done, and the runner's telephone #. This effort is to better coordinate the women Mohegans' running program. Many women do not like to run alone; this is a problem the Club will try to erase.

2ND ANNUAL PLAINFIELD JAYCEES ROADRACE

SATURDAY, JUNE 2, 1979

12:00 noon

PLAINFIELD TOWN HALL, COMMUNITY AVE.

42B

ENTRY FEE: \$1.00

POST ENTRY: \$2.00

(10:00-11:45 at

Town Hall 6/2/79)

CATEGORIES/PRIZES

JUNIOR 0-17

- 1st \$25.00 Savings Bond
- 2nd Trophy
- 3rd Trophy

- Jaycee Senator Trophy  
to  
1st Jaycee finisher

Masters 40-49

- 1st. \$35.00 Gift Certificate
- 2nd. \$15.00 Gift Certificate
- 3rd. Trophy

- Husband-Wife Trophy  
to

- 1st. Husband/Wife to finish

OPEN 18-39

- 1st. \$50.00 Gift Certificate
- 2nd. \$35.00 Gift Certificate
- 3rd. \$20.00 Gift Certificate
- 4th. \$15.00 Gift Certificate
- 5th. SURPRISE
- 5th thru 10th Trophies

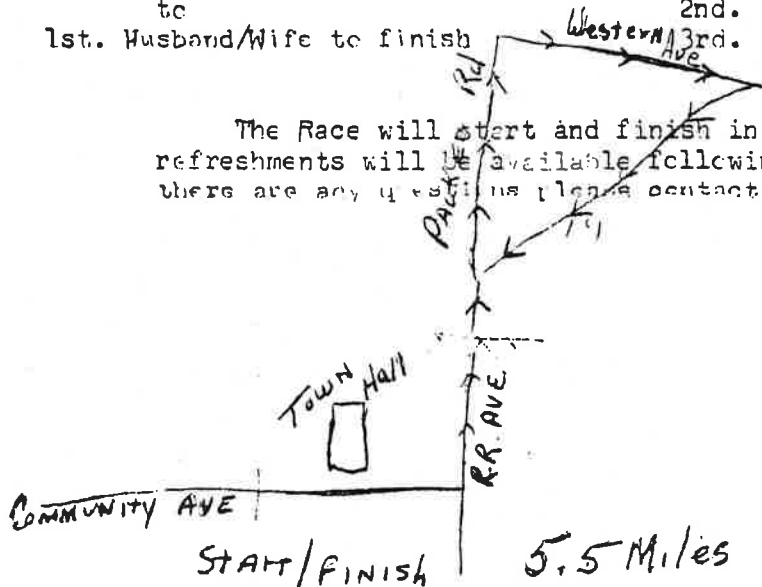
Senior 50- up

- 1st. \$20.00 Gift Certificate
- 2nd. \$10.00 Gift Certificate
- 3rd. Trophy

Womens Division

- 1st. Trophy
- 2nd. Trophy
- 3rd. Trophy

The Race will start and finish in front of the Town Hall and refreshments will be available following the awarding of prizes. If there are any questions please contact Jim Farrell at 564-5140.



OFFICIAL 1979 ENTRY FORM

Please enter me as a contestant in the Plainfield Jaycees 2nd Annual Road Race. In consideration of this entry being accepted, I hereby for myself and my heirs, executors and administrators, waive and release any and all claims for damage I may incur against the Town of Plainfield, the Connecticut A.A.C., or the committee in charge, their assigns and representatives for any and all injuries suffered by me while competing in or traveling to and from the event described in this entry application. Any runner under 18 years of age must have parents' written permission to compete. Please make checks payable to: Plainfield Jaycees and mail with your entry to:

Plainfield Jaycees  
P.O. Box 243  
Plainfield, Ct. 06374

Print Name \_\_\_\_\_ Age \_\_\_\_\_ A.A.J. Reg. # \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_ Club/School \_\_\_\_\_

Signature \_\_\_\_\_ Parents Signature \_\_\_\_\_

(if under 18 years of age)

