



rowhead

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Pres. Jack Curran
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100TH NORWICH REC RUN - July 13th

Well, its all history now. The fanfare and excitement were outstanding, while a mild tone of tension also prevailed among the participants. Bill Krohn sustained the pressures fine as he cruised to an 11:14 winning time. The juggling that occurred among the top twenty listing fittingly resulted in the addition of one of the old and one of the new. Ray Crothers, whose 1965 time of 12:03 fell out of the top twenty in 1975, displayed marvelous strength of the old as he established a new Masters mark of 11:35 and vaulted himself solidly among the top twenty with an 8th place standing. Ray is 35. The new was in the person of Bill Murphy, fresh out of N.F.A, who ranks 19th on the personal best list. In an ironic twist Nick Manuzzi's 11:57 bested two current top twenty members, however Crothers and Murphy dropped poor Mick back to 21st. The Striders' open gathering at Jack Curran's after the race generated a lot of reflection, nostalgia and good fun. The grog, soda, and food was especially gratifying. The cost for the Club for trophies and refreshments: \$45.00.

THE FINAL TOP TWENTY: 1. Bill Krohn 11:11, 2. Amby Burfoot 11:13, 3. Wayne Jacob 11:18, 4. Steve Flanagan 11:27, 5. Tim Smith 11:27, 6. Rob Huntington 11:29, 7. Bruce Clark 11:34, 8. Ray Crothers 11:35, 9. Norm Higgins 11:36, 10. Rory Suomi 11:38, 11. Jim Euell 11:44, 12. Gerry Chester 11:47, 13. Bruce MacMahon 11:47, 14. Larry Rice 11:50, 15. Ross Huntington 11:50, 16. Marc Gottesdiener 11:52, 17. Dave Boraks 11:52, 18. Mike Moore 11:53, 19. Bill Murphy 11:53, 20. Roy Ingraham 11:55.

THE GRAND OLD COURSE

Many are already conniving ideas for at least an annual run over the old Norwich route. How about a Sunday race in October? The rec area should be relatively inactive around mid-morning. The race could be billed as a Columbus Day event with pizza certificates awarded in various divisions after which all could converge on the selected pizza house for an informal get together. Many should better former personal bests since they would be testing the course under more favorable conditions than those dog days of summer. The concept has lots of potential. Let's shoot for it in '79.

FORT SHANTOCK CLUB 10,000 METERS - AUG. 13th

1. Jim Butler 38:18, 2. Amby Burfoot 38:19, 3. Ron Howard 40:50, 4. Pat Butler 40:52, 5. Bill Billings 42:13, 6. Ralph May 45:51, 7. Marshall Collins 45:54, 8. John Leslie 48:34, 9. Vin Fandetti 49:40, 10. Bob Olkin 52:36, 11. Todd Pomazon 53:50.

Don't let eleven official finishers fool you. The day was a grand success highlighted by the flailing entanglement of Butler and Burfoot on the grass a mere 15 yards from the finish with Butler scrambling over the line to eke out a one second victory. Quite a few runners contented themselves to literally grog it up while on the run and bow out at any convenient distance. Husbands, wives, kids, guys and gals lounged about or played a very competitive game of whiffle ball to enjoy the afternoon of relaxation. The cost to the Club: \$56.00.

PAUL BUNYAN MARATHON - July 15th

This was the fourth annual to be sponsored by the Bangor Daily News at the University of Maine in Orono. And it was the fourth year that the Striders were represented. 245 out of the 331 entries completed the distance with Keith Brown of Newton, Mass. establishing a course record of 2 hrs. 28 min. and 19 sec. Norwich's Mike Herrick notched a 30th spot in 2:51. This was Mike's first 'thon. Marshall Collins ran 3:08 for 77th spot; Walt Thoma 3:20 for 120th place; Jeff Doenges 3:22 for 124th place; and Greg French 3:56 for 200th place.

1963 REVISITED by Don Pirie

To a track nut there is nothing more enjoyable than looking at old results. For a few examples let's go back 15 years for a look at our best in those days. At the National A.A.U. Championships the 100-yard dash was won by Bob Hayes in the world record time of 9.1. Even though the actual electronic time was 9.38 the hand timed 9.1 was submitted for the record. Dyrrol Burleson, our best miler, won in 3:56.7 over Tom O'Hara (0.2 sec. back). The 3-mile was won by Charlie Clark over Central Connecticut ace Jim Keefe in 13:40 and Pete McArdle won the six-mile in 28:29. While all this was going on America's Buddy Edelen was setting a world marathon record of 2:14:28 on a course in England beating such names as Bikila, Popov, and Peters. A little more on Connecticut's Jim Keefe: at the time his U.S.A. rankings were 15th in the mile (4:04.4), 11th in the 2-mile (8:56.2) and 6th in the 3-mile (13:45.4). Jim also represented the U.S.A. in international competition during this period. Al Oerter was throwing the discus around 205 feet; Pennel became the first vaulter to clear 17 feet; and O'Brien was getting the shot out to almost 63 feet. John Thomas was clearing over 7' 2" and Ralph Boston was long-jumping 26' 11". On the high school scene soph Jim Ryun was running a 4:17 mile and let us not forget the Boston Marathon which was won by the Belgian Vandenriessche over John Kelly in 2:18:58. By the way 10th place that year was 2:32 and 20th, 2:39. I could go on and on but its time to get back to 1978 and save the good old days for a cold winter's night.

THE DUMAS - NORTON ROAD SHOW

Possibly the Club's two most prolific competitors, Ernie Dumas and Joe Norton are barnstorming again. No terrain or distance discourages these guys. The competition ranges from the toughies like New London to the wee ones like Canterbury. Ernie has consistently placed up front with the exception of a difficult New London race where he copped 45th in 68:57. Ernie won the Canterbury jaunt; placed 5th at Southbridge; 12th in Willimantic; 13th at Mount Misery; and 19th in Cranston. Joe was right behind in every race with a 2nd in Canterbury; 19th in Southbridge; 18th in Willimantic and in the top 50 in both Mount Misery and Cranston. Anyone afraid of missing races need only to latch on to these guys for a full summer of run-run-run.

RUNNER'S WORLD - East Coast Office

Runner's World's link to the pulse beat of the east coast (especially New England) has arrived right in our own backyard. The office is at 416 Williams Street in the John Allis Real Estate building in New London's Hodges Square just below Conn College and the U.S. Coast Guard Academy. The manager is certainly a natural both in the expertise of journalism and running as a means of enjoyment and for competition: Amby Burfoot of course. The staff presently consists of Ann Dunham when she's not knocking off semesters at Wesleyan University. The east coast connection has immediately become evident in the August and September issues of the magazine with articles by Amby and veteran Johnny Kelly who presents an historical sketch of the grand sport's rise to its present status. Ideas and comments are always appreciated at the shop. The phone number: 447-2157.

SHORTS

Remember, John Martin is the outlet for shorts and shirts. He's at Edwards Road, Uncasville, 848-9761. . . . Al Morrison has become assistant chairman of the Conn. A.A.U. Weightlifting Program. . . . Jack Curran's efforts in encouraging his North Stonington buddies led to the ample water supply along the route during the Fair race. . . . Norm Higgins will display any race applications in his Conn. Sporting Goods Shop on Bank Street, New London. Just drop them off; or come on in and pick a few up. . . . Greater Hartford's running center is THE RUN IN; operated by Ray Crathers, John Vitale, and Dave Alymer, 1845 Silas Deane Highway, Rocky Hill. . . . first notice on annual meeting: old man winter has won out so the meeting is scheduled for N.F.A. on November 17th from 7pm to 9:30.

"There are more important goals than winning contests, and that is to improve on a broad level the health and vitality of all our people."

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