

A Mohegan Strider Publication

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Pres. Walt Thoma  
 V.P. John Leslie  
 Sec. Bob Carbray  
 Treas. Tim Smith

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VOLUME #2

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CLUB MEETING

Friday evening, January 14th at 7p.m. N.F.A. once again has graciously allowed the Club the use of the Norton Peck Library to conduct this annual meeting. Many items to be considered including the possibility of hosting a 24-hour relay in late summer. Remember, this IS the best forum to gripe, suggest, and innovate. Please reserve this date.

MANCHESTER 1976

At this very time a year ago The Arrowhead stated that Amby's masterful dominance of this quality race would never be duplicated. Well, this year Amby piled another layer of frosting on an already untoppable cake. The string now runs to six (6) in succession and eight (8) in total. Will Amby be back for another? Its really irrelevant as he himself is surely his only challenger. Wayne Jacob was The Club's other up-front runner. He nailed down 8th spot. Rounding out The Club's top five were Rob Huntington (34th) and Johnny Pirie and Joe Banas. From the sidelines it appeared to be a fun morning for many Mohegans wishing to put an edge on the Thanksgiving appetite. Most notable were those who took it in together for a good workout.

MORE RESULTS FROM NEWPORT

Important Club results are flowing in yet from the Newport marathon. Bill Markley, S.E. UConn x-country ace, finished just under 2:50 in what is only his second marathon ever. He recovered in time enough to race a mere THREE days later in a dual meet against Manchester Community College. A couple of other first-timers tasted that sweetness of going the 26 mile route. Joe Norton ran 3:14 to best better than half the field. "Tag" Tagliapietra, erroneously reported as not having finished in November's Arrowhead, actually clocked 4:43:02 to place 459th.

BANAS BRINGS BACK THE BELL

For Joe Banas '76 has been a very good year. It is the year that Joe cops his first major roadrace victory. On November 21st, East Hampton's "Bell Town" race became his. He cruised the short six-miler in 31:23 to bring home a handsome mounted bell. Ronnie Howard and Bill Billings placed 7th and 8th respectively. No official club race was scored but along with the top spots there were some other notable performances by Joe Norton and a fifth Strider which would have locked up a Club victory.

THE MOHEGAN STRIDER ASSOCIATION, ORGANIZED IN  
 APRIL 1972, EMBARKS UPON ITS SIXTH  
 YEAR

LET'S MAKE '77 A GOOD ONE!

Meeting: Jan. 14th

FROM PRESIDENT WALT THOMA

The annual Mohegan Strider Club meeting is upon us once again. I have served as President of The Striders for three consecutive years. It has been a wonderful and fruitful experience. Two of the more memorable accomplishments have been the induction of Al Morrison and Harold Tantaquidgeon to Honorary Membership, and The Striders successful campaign against the state ban on racing on state roads. I have enjoyed tremendously working with my fellow officers and Club members, having attained many friendships among them. I shall not be running for re-election this year. Among The Club's 145 members stand many qualified to lead the way. The Club is at the point now when a new direction might be beneficial. I believe a new president could provide this direction, adding a new chapter to The Mohegan Strider story. Thank you all for a most enjoyable and memorable three years.

MYSTIC "TARZAN" BROWN RIVER RUN, NOV. 7TH

Mark DeGange worked hard and long on this peach. A large crowd responded and participated in a scenic 5-plus mile run, an Olympic film, Tarzan Brown t-shirts, and a super meal of chowder, bread, and mulled cider. Mohegans grabbed four of the top five spots. Jacob gave Amby that needed shot in the arm to train for Manchester as Wayne upset Burfoot's local undefeated streak by putting him in an unfamiliar second place. Joe Banas ran a nifty 3rd and Vinnie Morales 5th. Jacob and Banas ran out of their gourds primarily because their Alma Mater, Johnson & Wales, fielded a team that the two Striders wanted to keep well behind them. George Maine, consistently getting in the top three of his division, nailed down the 2nd Masters award.

MIDDLETOWN 4.25 MILE, NOV. 14TH

Amby and Wayne Jacob blasted the first mile in the 4:30's as a pre-Manchester conditioner and it was all Amby from then on with a 19:54. Rob Huntington was 7th with a PR 21:30. Joe Banas, who also led The Club in the Hartford Holiday 6.6 mile with a 5th place, edged out Johnny Pirie by 4 seconds as they placed 11th and 12th among the 190 finishers. Some thought provoking stats: 10 finished within the 21 minute range; 19 within the 22nd minute; 20 within the 23rd; 28 within the 24th; 14 within the 25th; 23 within the 26th. An observation: running, i.e. speed, is becoming ever so popular.

SHORTS

Tim Smith's February 26th. . . Rory Suomi became Southern Connecticut's top man at season's end after battling a number of injuries. . . Mississippian Ross Huntington, racing to a sub-2:30 marathon in Mississippi State's first marathon, pulled out at 18 miles after leading for 15, when he was overcome by leg cramps. . . Best Christmas scene going was the picture of Joe Norton jogging (running) down a snow-covered Killingly street taken by the Norwich Bulletin. . . What d'ya say, let's get to that annual meeting.

A NEW FORCE

Southeast Connecticut: The home of John Kelley, Norm Higgins, Amby Burfoot, Jim Euell, Jan Merrill and . . . Susan Hoagland, a potential future force on the national running scene.

TO THE ROSTER

Add: Sgt. Roy Thoma, PSC Box 1028, APO San Francisco, Ca. 96334  
Gerry Browning, Denison Hill Rd., N. Stonington, 535-0302

IN HIS ORDINARY LIFE MAN HAS LITTLE CHANCE TO ESCAPE FROM THE HUMDRUM, THE ROUTINE. ATHLETICS. . . IS A PRIME ESCAPE FROM THESE IMPRISONING CONDITIONS TO EXALT IN OUR LIBERTY, FREE MOVEMENT, CAPACITY TO CHOOSE. OUR TRAINING SHOULD BE ONE OF ENTHUSIASM, NOT A DAILY GRIND UPON A GRINDING TRACK, ARTIFICIALLY HARD. HOW MUCH BETTER TO RUN WITH JOY; SHEER BEAUTY AND STRENGTH, TO RACE DOWN SOME DECLIVITY, TO BATTLE MANFULLY TO THE TOP OF ANOTHER. . .

Percy Cerutty

Striders for Seventy-Seven!

THE MOHEGAN STRIDERS: 1976

27c

Bill Adams  
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Vic Altshul  
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Hal & Shawn Bennett  
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The Bessenaires': Paul,  
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& Patrick  
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## THE MOHEGAN STRIDERS: 1976

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FORWARD ANY CORRECTIONS TO BOB CARBRAY.