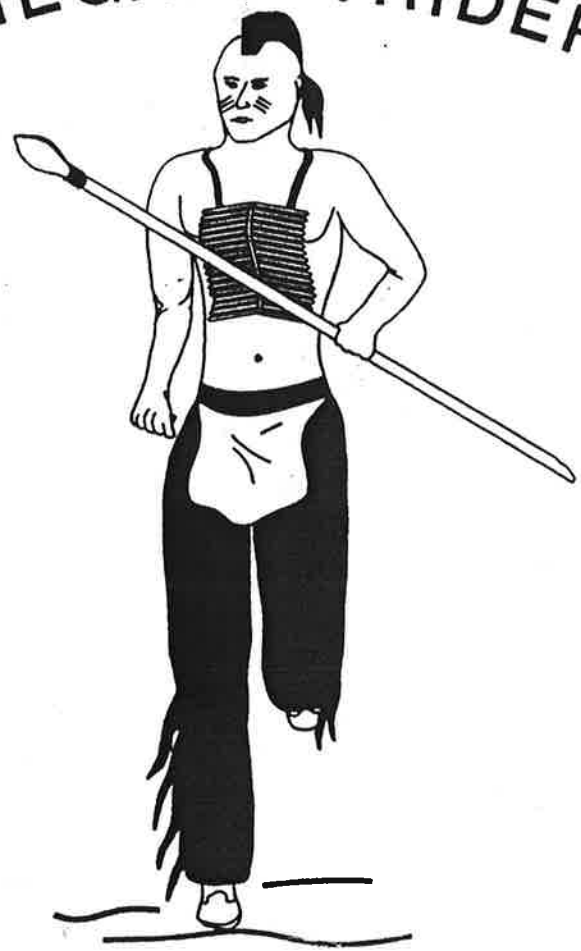


MOHEGAN STRIDERS



ARROWHEAD

OCTOBER 1987

MEMBERSHIP 274

| | | | |
|-----------|-------------|----------------|-----------------|
| PRESIDENT | Joan Hill | VICE PRESIDENT | Deborah Webster |
| SECRETARY | Bob Carbray | TREASURER | Don Lewis |

COMMITTEES

| | | | |
|------------------------|-----------------|-----------|-----------|
| Newsletter Coordinator | Deborah Webster | Scrapbook | Tim Smith |
| Printer: | Walt Thoma | Publicity | Bob Miles |

FIRST ORDER OF BUSINESS:

ANNUAL FALL STRIDER MEETING & ELECTIONS
 November 13, 1987 7:00 PM
 Slater Library, NFA Campus, Norwich

Please attend this upcoming meeting, it is one of the few meetings we have a year, and an important one also. There are and have been many changes within the club, come find out what they are, and where your chances are at taking part in the future of the club. We are looking for all people who have the desire and time to assist the Club through upcoming changes. Be There!!

And the latest.....

Our congratulations to the New Mohegan Striders Racing team. They are working their way towards completing the first season of the "Designated Six" races. A complete rundown on their activities has been well reported by contributing member Bidd Laidback. Read on and share the pride!

We are also finishing up our first year of our experimental Junior membership. We have picked up members through this new offering, and feel that it was a worthy experiment. Please share your views on continuing this program at the upcoming meeting.

Welcome to Jack McKean who comes to the Mohegan Striders with seemingly much to offer:

"I am a former Ledyard High School student (class of '79), and an alumnus of the University of Oregon. I have maintained my interest and participation in cross country, road racing and track since the summer of 1976.....I am a fearless distance slogger, up to any challenge....if you need a good six minute man - or even faster....I'm ready to go with just a phone call."

Jack also comes to us with an offer of assistance in coaching of a "Junior" Mohegan Striders, or any other member who is looking for training assistance. Jack majored in journalism, and has extended an offer to help with the newsletter. Your Newsletter Coordinator is grateful for that offer in particular, since I believe that the Striders deserve a quality newsletter.

Welcome Jack, hope to see you at the Nov. 13th meeting.....

Just a note.....the Club has not acquired a new Vice President (just yet, anyway) - Debbie Webster (DeVeau) is still in action....just a change of name.....

From the President, Joan Hill.....

After much thought and after spending my entire life in the Norwich area, I've embarked on a brand new career in Massachusetts - Peter and I have an apartment in Weymouth and we both work for car dealerships in Hanover - me, Mercedes-Benz, and Peter, Buick-Nissan. We intend to retain membership in the club and will be back as often as we can for meetings and races. I will always be a member of the Executive board (because of my being President).

Though I'm leaving behind all my friends of a lifetime, I'm confident that I'll keep in contact with them - and retain those dear friends of mine.

You're all invited to come and visit us, but not all at once please! We're right in the middle of all the going on in Mass - from the Cape to Boston to Plymouth Rock - and the shopping malls are countless!

See you all soon.....

MOHEGAN STRIDER RACING TEAM UPDATE

97B

By Biff Laidback

July 24, 1987 marked the debut of the NEW Mohegan Strider Racing Team; New, due to the recent sponsorship provided by Levine Distributors/Bud Light and Norwich Physical Therapy Services. Many thanks are in order for Walt Smolenski, who has worked very hard lining up our sponsorship agreements and coordinating the racing team concept, and to Lenny Levine and Carl Mailhot for their generosity towards our club. Their financial backing will help further promote the talents of our club member locally, and on the state and regional level as well.

Funds provided this year by the sponsors will be used for: 1. the purchase of new singlets to increase the visibility of the Club at the six selected area races, and others statewide, 2. prize money for top Strider finishers at the six selected races, 3. raffle prizes at the six races, with all Striders in attendance eligible to win and 4. entry fees and travel funds for team events in the state (and possibly out-of-state), including the New Haven 20K, Guilford 10 Miler and the East Lyme Marathon.

The six selected area races for this year are:

- | | |
|-------------------------------------|----------|
| 1. St. Mary's 5 Miler | 7/24/87 |
| 2. Willimantic 5K TAC Championship | 8/09/87 |
| 3. Moosup 10K | 8/16/87 |
| 4. Downtown Norwich 4 Miler/2 Miler | 9/10/87 |
| 5. Lisbon Road Race | 9/19/87 |
| 6. Tarzan Brown 5 Miler | 11/01/87 |

All Striders are encouraged to support the designated races, register for the six raffle drawings, and cheer on fellow Striders in the races. The future of our sponsorship agreements is in part dependent upon the support and enthusiasm shown by our members this year.

RACE RESULTS TO DATE:

Joe Banas led the Striders at our debut race, the St. Mary's 5 Miler on 7/24. Brutal heat and humidity, plus the tough course resulted in slower times for all runners.

The Strider Top Ten: Banas, Jeff Kotecki, Tim Smith, Mike Moore, Mike Smith, Dwayne Montie, Dave Lathrop, Tom Lee, Jim Cooper and Don Lewis.

Raffle Prize Winners: Mike Smith, Bob Miles, Don Sikorski, Rosemary Lewis, Cliff DeVeau, Matt Smith, Tom Lee, Jeff Kotecki and Connie Strazzo. Thirty-six Striders were entered in the raffle.

Joe Swift was top Strider at the State Championship 5K Race at Willimantic on 8/9, placing fourth in a super-fast, deep field of over 600 runners. The Strider team, defending State 5K champs, finished a strong second this year behind Lead Pack and ahead of the Hartford Track Club. This was an excellent showing in a race with all top teams in Connecticut present.

Our Women's team consisting on Nancy Forrest, Virginia Ereshena and Kelly Crouch finished a very strong third against tough competition. Great going ladies!!

Strider moral support was outstanding, especially during the award presentations! The Strider Top Ten: Swift, Darrin Eisman, Bill Marshall (1st master), Ed Zubritsky, Chris Hansen, Tim Smith, Jeff Kotecki, Mike Moore, Ron Cozean and Walt Smolenski.

Raffle Prize Winners: Michealeen Haessler, Chris Hansen, Ron Cozean, Debbie Murillo, Kevin Crowley, Kelly Crouch, Melinda Hedding, Terrie Smith, Virginia Ereshena, Doug Kewley and Darrin Eisman. Thirty-seven Striders were in this raffle.

Although not a "Designated Six" race, the Striders captured first place in the open team division at the 25th John Kelley 11.6 miler on 8/1 in New London. Strider participation was high, and top performances were turned in by Joe Banas (2nd), Darrin Eisman (4th), and Jeff Kotecki (6th) to take the team title. Way Hedding tried unsuccessfully to convince NY Marathon guru Fred Lebow to waive entry fees and red tape for all Striders. Fred couldn't concentrate with all the bikinis on display at Ocean Beach - including Carla Brown's!

Joe Swift was again top Strider at the patriotic Moosup VJ Day 10K on 8/16. Balloons, flags and "Ollie North for President" T-shirts were in abundance at this American Legion sponsored annual event. Striders were in abundance also, with six finishers in the race's top ten. Our members even earned a few salutes as a result of our red, white and blue singlets - and matching American flag shorts.

Strider Top Ten: Swift, Darrin Eisman, Jeff Kotecki, Doug Kewley, Don Sikorski, Chris Hansen, Walt Smolenski, Dennis Tetreault, Ed Zubritsky and Julio Murillo.

Raffle Prize Winners: Fran Houle, Sr., Debbie Murillo, Chris Hansen, Jim Perdix, Pat Lathrop, Chris Houle, Rita Perdix, Don Lewis, Way Hedding, Kathy Smolenski and Tina Tetreault. Forty-two Striders were entered in the raffle.

Please try to make it to the remaining races in the "Selected Six" group. Remember to search out the Strider banner and sign up for the raffle, even if you are not running. Let's continue the great support given our runners so far this year!

TOMMY TOY FUND RUN

DECEMBER 11, 1987

FRIDAY NIGHT

The Annual Tommy Toy Fund run is in the works again - a good time and a good cause. Be sure to join the fun at Billy Wilson's before and after the race. Bring one wrapped child's gift and high spirits. Both are prerequisites to the race. Be on the look out for this year's Santa!

Race starts at 7:00 pm sharp.

MANY, MANY THANKS go to Walt Thoma and Walt Smolenski for their continued cooperation in getting the Arrowhead printed, folded, stapled, and labelled. There's a lot of work that goes into getting the newsletter ready - more volunteers sure does make it all the easier. Also, thanks to all who have contributed articles, pictures, etc.

MORE RACE RESULTS.....BY BIFF LAIDBACK

A hearty group of Striders made the annual ferry crossing for the Block Island 15 K on September 12. Bill Marshall in 5th place (and 1st master) led our group over the challenging two loop course. Although we didn't win the team title, most Striders quickly erased that thought from their minds during Saturday evening's celebration at Captain Nick's, where the Striders easily captured first place in the open party division.

"Designated Six" competition returned to Norwich on September 10th for the Downtown Norwich Merchants 2 and 4 miler races. The two mile race featured Phil Doyle and runner-up Kevin "Burnt" Gallerini. In the rugged four miler Darrin Eisman finished a strong second with newcomer Craig Zettergren following.

Strider Top Ten: Eisman, Zettergren, Tim Smith, Dennis Tetreault, Tom Lee, Way Hedding, Dean Festa (when you gonna win that Oscar?), Lance Magnuson, Bob Miles and Doug Montie.

Raffle prize Winners: Fran Houle Sr., Chris Houle (hey, who's picking the numbers?), Darrin Eisman, George Potter, Michaelleen Haessler, Pat Tetreault, Gene McGrath, Don Werling, Cliff DeVeau and Ken Rawn. Fifty-five Striders were entered in the raffle. Great turnout!

Race # 5 in the "Designated Six" series was the Lisbon 3.5 Miler on September 19. Speedy Dennis Tetreault (2nd) led the Striders. Alden Miner, who competed against this reporter in High School back in the early '70's (!) showed great form in finishing third. Racing team honcho Walt Smolenski ran a tough race to place as Strider #3.

Strider Top Ten: Tetreault, Miner, Smolenski, Mike Smith, Tom Lee, Don Roy, Lance Magnuson, Ron LeFleur, Chad Johnson (way to beat Dad!) and Lee Johnson.

Raffle Prize Winners: Lance Magnuson, Judy Poprosky, Ron Dombrowski, George Potter, Joe Lonardelli (looking good, Joe!), Chris Ann Pardo, Don Roy, dancin' Pat Lathrop, Tom Lee and Paul Galipeau. Twenty six Striders were entered in the raffle.

The Manchester Road Race Committee will again present a Sports and Fitness Expo on the Saturday (November 21) prior to the Thanksgiving Road Race from 10:00 a.m. to 4:00 p.m. at Manchester High School, East Middle Turnpike, Manchester. Exhibitors will include running shoe companies, fitness equipment retailers, running equipment retailers and other fitness related organizations including fitness testing. In addition, prominent runners will be available for advice and questions. Admission is Free!

For any additional information, call Bill or Joan Schwarz (643-4096). Thank you in advance for your cooperation.

Sincerely,

THE ROAD RACE COMMITTEE

ELECTION OF OFFICERS: Club President JOAN HILL has announced that due to the fact that she has now moved to Massachusetts to accept employment, she cannot hold office and continue to devote the time necessary to execute the Office of President.

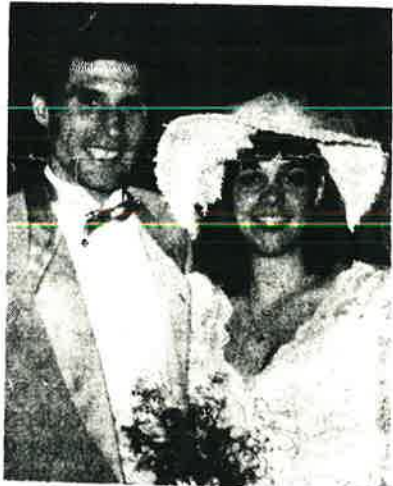
"It is with great regret that I step down, but I'm hoping there is someone out there willing to take over as President of our wonderful Club, someone that has the dedication necessary to serve unselfishly - for the good and benefit of ALL the Club members - the great runners, the joggers, the Junior runners and the 'Old Timers' too.

Let's have a great election with several people running for each office - everyone please attend this year's meeting. It seems to me to be a milestone year - many chances are in the wind - we have a racing team, our membership is once again on the rise, the Junior runners are joining the Club again, and we have a Club sponsor".



John Shishmanian/Norwich Bulletin

Undercover look — Laura Burnett, 2, of Norwich, peers between legs belonging to her father, David, while she watches her mother run at Fontaine Field in Norwich yesterday.



Boudreau — Zubritsky

Rebecca Ann Boudreau and Edward Zubritsky were married May 23 in St. Georges Church, Guilford. The Rev. John B. Pelletier officiated.

The bride is the daughter of Mr. and Mrs. Robert G. Boudreau of Guilford. The bridegroom is the son of Mr. and Mrs. Edward L. Zubritsky of Clinton.

Belated congratulations to speedster Ed Zubritsky and wife.....

← A familiar site on the sidelines.

AND A WORD FROM AUNTIE JOAN.....

The annual picnic was well attended this year, much food and good company. TIMMY SMITH had, by far, the zaniest costume - barrel and suspenders, shoes and crazy hat! If you weren't there you missed a good show.....Many others were in wild clothes also.

We also had our own band comprised of CHRIS HANSEN & CO. - they provided some pretty good entertainment..... JOHN MARTIN, honorary member and one of the founders of the Club was also present with the Mrs. Pearl. We hadn't seen JOHN but once this summer. The Martins will be heading south very soon (to Florida). Thank you, John for your generous support of the Club.

TIM SMITH led the Striders again at the East Lyme Marathon with a second place finish. Once again TIM was injured a few weeks before the marathon date but yet he bides his time and always comes through....."SWEETHEART" JOE BANAS put in a great fourth place finish. He had wanted the win but fate stepped in again and he had to settle for a fourth. DENNIS TETREAUULT had a fantastic 11th place finish - wow! That guy is right up there in ANY race.....

PHIL DOYLE got himself a win at the Two Miler Norwich Downtown Race. Talk about a happy guy! PHIL is a dedicated runner; always up front, a hard worker, even with a career and family.....Wife ANNE running for the Norwich Board of Education. Good luck, ANNE. AUNTIE JOAN was elected to Montville Board of Ed a few years ago too- I know you'll make it and do a good job.

Many thanks to Vice President and Newsletter coordinator DEBBIE WEBSTER (DeVeau). She has been able to take over the newsletter completely, putting her best effort into creating an interesting and good looking newsletter. DEBBIE has also been the most used and involved Vice President we've had in a good many years - she presided over the Spring meeting this year and is standing in as President for JOAN HILL on any decision that has to be made from mid-September until the November 13th meeting. (Thanks everyone for giving me the chance. -debs)

JULIO and DEBBIE MURILLO have a new attraction....Son JULIAN, born late August. This has been the baby year....There will be more babies next year if Auntie's prediction is right.....BOB CARBRAY recently celebrated a birthday - which 39th was it, BOB.....? JOE LONARDELLI looks sensational!....You won't recognize the guy in his tan shorts - wow! Thanks once again to RON DOMBROWSKI for all his help at the Club Picnic - also, all those who helped set up and clean up.....

My JUDY (POPPOSKY) and her DANNY came up to Massachusetts to visit AUNTIE and PETER - imagine my surprise to find them outside my dealership waiting for me.....

Many thanks to "Auntie Joan" for keeping us informed on the latest going on in the Club over the years. We've been enlightened and entertained - its been a grapevine for keeping track of the Club members. Since Auntie has moved away, she will no longer be able to keep up the column. It will be missed, as will Joan and Peter will be also.....



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